

East Bay Lakes Fishing Report 05.08.2024

TROUT SEASON NOT OVER YET!

BY CHUCK WOLF

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Action on the East Bay Regional Parks lakes is going strong, and despite the warming temperatures we will probably see one more trout plant before we shift over to catfish. This week, Del Valle, Chabot and Temescal each planted and next week we should see another!

If you're not fishing but are looking for a great way to spend this Saturday, consider spending it at Lake Chabot. The East Bay Regional Parks District is celebrating their 90th anniversary and "Park Fest" is a great way to spend the day with family or friends. This is a FREE event featuring musical and other performances, a kids' zone with hands-on fun, nature exhibits, fish tanks, "how to" activities, food trucks, eco-friendly games, and more!

Lake Del Valle received a 1,000-pound mix on May 8. The lake is beautiful right now, water conditions are perfect, pressure has been light and there have been a ton of fish planted so far this season. Andrew Vicente posted 4 lightning to 3-pounds taken on May 5th. Caleb Broman posted a 6-plus pound bow taken May 5th. Hunter Cheng posted a 2-pound smallie but was thick into the bass with double digit numbers of fish from 2.2-4.3 pounds.

Shadow Cliffs received a 1,000-pound mix on May 1st. Trout numbers have been good but cats, bass and bluegill are all biting as well. Chris Sinsay posted a fat cat, two bows to 3-pounds and another 3 lightning all taken on May 6.

Lake Chabot received a 1,000-pound mix on May 9. Trout action has been good, but the bass bite is about ready to take center stage. Most of the fish are post spawn and are now moving off the beds to feed. The water level is high and there is plenty of cover so try throwing plastics right up and into the weeds or other structure. Big glide baits might work right now as well since the larger bass often feed on the smaller trout. Trent Zizileuskas slammed a 4.5-pound largemouth on May 7th.

Contra Loma received 1,000 pounds of bows on May 1st. trout action has been mixed but the BASS BITE IS ON! If you can get in past the weeds or are fishing from a boat, you can probably get hooked up. The water is low but there are fish holding in just about all the fishy looking spots. Michael Mickelson took a 3+ pounder on a black plastic worm. Dustin posted 3 fish all over 3-pounds taken on May 2nd. This is the time to fish Contra Loma if you are looking for bass.

Lake Temescal received a 1,000-pound mix on May 9. The water on Temescal is getting warm and these fish are moving quickly into cooler water on the shady side of the lake or in the deeper water by the dam. Action this week before the plant has been mixed with several smaller bass taken and a few bluegill. Carlos Calderon lucked out with a nice holdover lightning.

Horseshoe Lake received 1,000 pounds of lassens on April 24th. but action has been slow. The water is warming up and the fish are moving quickly to the deeper water on the back side of the peninsula. Bass action has been slow. Shinn bass action has been very good for smaller fish in the 1–3-pound range. Grau and Rainbow are slow.

The John Muir Chapter of Trout Unlimited in Partnership with the EBRPD will be conducting Riparian Restoration Day on Wildcat Creek May 11 at 10:am-4:00pm in Tilden Park. The effort will include the removal of non-native vegetation and restoration of summer "hold over" pools supporting the survival of native fish. Register at. https://ebrpd.samaritan.com/custom/501/opp_details/9742

Yuba River Fishing Opportunity. Take advantage of a unique opportunity to fish trout and steelhead on otherwise closed sections of the Yuba River with Mary Tealdi of the John Muir Chapter of Trout Unlimited on June 8-9 at 8:am-5:00pm. The property is owned by UC Davis and is upstream of the HWY 20 bridge. The daily fee is \$ 20 per angler and reservations are on a first come, first served basis. Check out the site and register at: info@johnmuintu.org. Dry camping is available.

Please, if you have a good day on the water, send me your pics and a short write up and I'll make sure that I use your report! Ctw1930@gmail.com, or by text at 571-481-8040.